

# Fall Well-being & Empowerment Forum



## Morning Session FOR PHYSICIANS

**10 a.m. – Noon**

### **Making the Case for Investing in Physician Empowerment**

*Presented by Nicole Eull, PsyD, Director  
of Wellbeing Advocate Aurora*

This workshop will start with an overview of the Physician Eco-System to explore the levels at which each of us can make meaningful change. Then participants will share ideas and challenges with other leaders in the health care industry, brainstorm solutions, set measurable goals and get feedback via small groups. This session will provide focus towards realistic and obtainable tasks.

## Afternoon Session FOR ALL HEALTH PROFESSIONALS



Nisha Mehta, MD

**Noon – 1 p.m.**

### **Physician Empowerment: What, Why and How**

*Presented by Nisha Mehta, MD*

This workshop is designed to create and lead sustainable change across the health care landscape.

*Doctor Nisha Mehta is a radiologist, writer, and speaker whose work focuses on changing the culture of medicine, the challenges of the current health care landscape, physician wellness and physician empowerment. She is the founder of the Physician Side Gigs Facebook group, an online community of over 41,000 physicians, which aims to promote career longevity and increase business and financial literacy among physicians. Her work has been widely featured nationally both in print and on stage.*

**1 p.m. – 2 p.m.**

### **Voices of Health Care Panel**

Engage with a unique peer-interview panel with representatives from all facets of health care, discussing how to best empower and support the clinical workforce.

**2 p.m. – 3 p.m.**

### **Solution Stories**

Listen to health care peers tell stories of success in addressing and mitigating burnout from an organizational perspective.

**3 p.m. – 4 p.m.**

### **Networking and refreshments**

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**November 21, 2019**

Italian Community Center  
Milwaukee, WI

For more information or to register, visit <http://bit.ly/WisMedEmpowerment> or call 608.442.3800.