What makes medicine meaningful to you? How is your practice affected by the system in which you work? What can you, as a physician, do to create a healthier work life for you and your colleagues?

The Wisconsin Medical Society invites you to explore these questions with your physician colleagues in a dynamic new program led by systems and human factors engineer, Katherine Sanders, PhD. “Leading Healthy Work Systems” is designed to support you in transforming your work life to better serve patients, lead inter-professional teams and enjoy a more balanced and rewarding life as a healer.

Decades of occupational stress research have shown the associations between work system characteristics, occupational stress and burnout. Thinking of work as an interdependent system helps us examine what’s currently driving the system, and how those drivers affect employee health and productivity. We can also reflect on the physician’s role(s) across the system, and seek leverage points for positive change.

If you’ve been seeking more in-depth conversations with other physicians about your ability to drive sustainable change in your health care system, this is your program. Come ready to engage in three days of structured discussion informed by reading assignments, reflective homework, and small-group conference calls. You’ll explore the research so you can make informed choices for yourself, your team and your work system. Join Dr. Sanders and a select group of your physician colleagues to generate ideas for creating health for yourselves, so you can continue to heal others.

Innovative Leadership
Leading Healthy Work Systems

When
2017 Spring Program: March 10, April 7, and May 5
All sessions take place from 9 a.m. to 3 p.m.

Where
Wisconsin Medical Society Headquarters, Madison, Wis.

Who Should Attend
Physicians in current or emerging leadership roles who are committed to a systems-thinking approach in health care.

Tuition
$650

This activity has been approved for 15.0 AMA PRA Category 1 Credits™.
(See reverse for more information.)
**Learning Objectives**

At the end of this session, learners should be able to:

1. Describe work system characteristics that promote health and productivity.
2. Describe work system characteristics associated with occupational stress and burnout.
3. Assess how the work environment’s physical, social, technological and cultural attributes either support or challenge high quality of work and working life.
4. Discern potential leverage points for intentional change to promote your own health and that of your teams’.

The Wisconsin Medical Society is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Wisconsin Medical Society designates this live activity for a maximum of 15.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Tuition**

The cost to participate is $650, which includes materials, meals, logistical support, and a CME certificate upon program completion. Travel reimbursement, if needed, is available upon request through grant funding.

*This program has been generously subsidized by grant funding through the Physicians Foundation. The Foundation is committed to helping bring the voice of physicians to national-level conversations and debate on the issues that affect practicing physicians and their patients. The Foundation awarded this grant to the Wisconsin Medical Society for its innovation in physician leadership development and skill-building.*

**Application**

Name______________________________________________________________

Specialty __________________________________________________________

Organization/Practice Name __________________________________________

Preferred Phone ___________________________________________________

Preferred E-mail ___________________________________________________

Preferred Address ___________________________________________________

City/State/ZIP ____________________________________________________

Why are you interested in being part of this program? _______________________

___________________________________________________________________

___________________________________________________________________

___________________________________________________________________

What do you think you will most be able to apply to your professional or personal life? _______________________

___________________________________________________________________

___________________________________________________________________

___________________________________________________________________

**Faculty**

Katherine Sanders has a BS, MS and PhD in Industrial & Systems Engineering from UW-Madison. She specializes in human factors and sociotechnical systems engineering, essentially the health and productivity of people at work. Her academic work as an occupational stress researcher gave rise to a commitment to design programs to support professionals in high burnout occupations. She’s one of a small number of PhD systems engineers focused on occupational health, and has a specific interest in the well-being of healers.

**Return completed application to:**

Wisconsin Medical Society  
Attn: Todd Wuerger  
Member Services and Business Development Representative  
PO Box 1109  
Madison, WI 53701-1109  
or  
Fax to 608.283.5424

Upon acceptance of application, you will be contacted to confirm your commitment and to complete the tuition payment. Program materials can be delivered electronically or via hard copy; books will be mailed.

**Questions?**

For more information call  
608.442.3749, 866.442.3800 ext. 3749 or e-mail  
todd.wuerger@wismed.org.

Or visit https://www.wisconsinmedicalsociety.org/professional/professional-development/physician-leadership/.