EDUCATIONAL OBJECTIVES

Upon completion of this activity, participants will be able to:

1. Describe the importance of screening for overweight/obesity in pediatric primary care.
2. Recognize the importance of accurate documentation of patient's weight status, the anticipatory guidance provided and the family's level of motivation for the success of weight management.
3. Identify barriers and strategies to overweight/obesity management.

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QUESTIONS

1. According to the article, which of the following is FALSE regarding childhood obesity?
   - It is defined by youth aged 2 to 18 years old.
   - It is defined as a body mass index above the ninetieth percentile.
   - Parents of obese and overweight children, in comparison to parents of normal-weight children, have more difficulty in recognizing their child's weight status.
   - Problems to prevention include missed early intervention opportunities as well as lack of identification of at risk and overweight youth.

2. Information reported by providers in the study was reasonably consistent with the information documented in patient charts.
   - True
   - False

3. According to this particular study, which of the following is NOT an immediate hindrance to providers in treating childhood obesity?
   - Competing medical and social issues.
   - Patient compliance and motivation.
   - A need for more provider training on assessment, prevention, and treatment.
   - Appropriateness of discussion of obesity with younger patients.

4. Suggested improvements to treating childhood obesity could include which of the following:
   - Increase collaboration with nutritionists and dietitians.
   - Improve documentation, particularly on obese/overweight identification, motivation, and discussion of eating habits and physical activity.
   - Provide and pursue CME sessions or training to increase provider effectiveness in treatment.
   - All of the above.
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